



STC Elementary News

November



Upcoming Events

November 1- No School,
Conference Comp Day

November 11- Hearing
Screenings, K-2nd

November 11- Elementary Booster
Club Meeting 7:00 pm- Elementary
Library

November 12- Hearing
Screenings, PK

November 14-Kidsight Vision
Screenings, PK

November 15- Kidsight Vision
Screenings, PK

November 26- 2nd Grade Field
Trip- Science Center

November 27-29- No School

THANK YOU FAMILIES!

We are so appreciative of our STC family members who work so hard to provide great home experiences and lives for our students! The beginning of the 2nd quarter will be filled with ongoing teaching and deeper learning thanks to our great auxiliary teachers from our Title I, English Language Learning, Special Education and Talented and Gifted programs. Each and every day our classroom teachers have the support of an additional teacher during literacy time. This is part of our new vision in the Elementary to increase reading proficiency. When 2 teachers are working in a classroom, the instruction doubles and the learning can progress on a deeper level. We couldn't do it without the added school programs and staff of Title I, ELL, SPED, and TAG, and we are so lucky to have these program resources in our district.

As temperatures cool down, and learning revs up we hope the month of November will be an active place for learning and social growing at school. Thanks again for your part in the educational support of your children.

Take care,

Brad Schweppe, Principal
Kris Collins, Asst. Principal



I am thankful!

As we prepare to take a short break from school for Thanksgiving, I want to express my gratitude to everyone who makes it possible for as many students as possible to come to school every day, on time, ready to learn. I thank:

- Our students and families for making daily attendance a priority since they know the habit of attendance will help them do well in the classroom and eventually in a job.
- Our wonderful teachers who pour their energy into making each classroom an exciting place for exploration and knowledge so children do not want to miss out on learning.
- Our support staff and community volunteers who provide the extra hands and attention our children need.

I appreciate each one of you so much!

Keep in mind that there is no school Wednesday, November 27th through Friday, November 29th. School will be back in session on Monday, December 2nd. I appreciate everyone's efforts to avoid taking extra days off during the Thanksgiving holiday. Just a few missed days here and there, even if they're excused absences can add up to too much lost learning time and leave your child behind in school. I look forward to seeing you after the Thanksgiving holiday. Have a wonderful Thanksgiving!

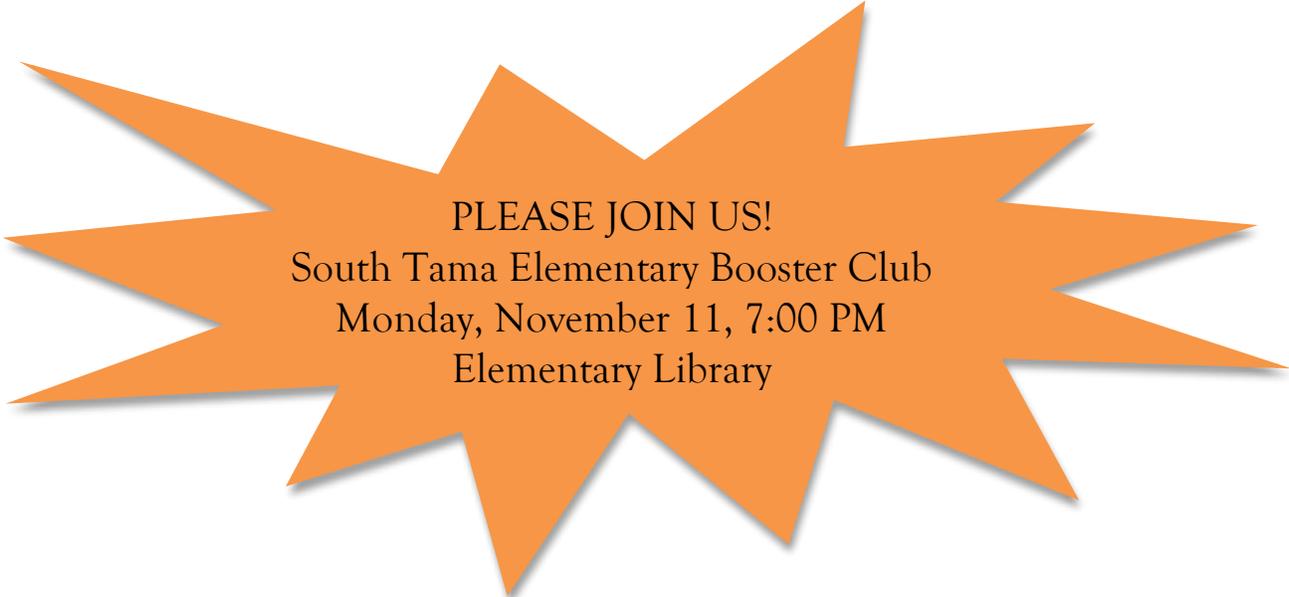
Vanessa Rivera
STC Elementary School Liaison

Literacy Push-In

By: Title I Team
Mrs. Henley, Mrs. Riley, Mrs. Rosenberger, Mrs. Stonewall

This year the elementary is implementing a new Literacy Push-In & Co-teaching model for all grade levels. This literacy push-in time involves an extra teacher in each K-4 classroom working with students in small groups for 30 minutes every day during the grade level scheduled literacy block. Teachers utilized as an extra teacher in the classrooms include ELL, Special Ed, TAG, and Title One. Some push-in teachers work with all students in their assigned classrooms, while other push-in teachers only work with some of the students in their small groups.

It has been a positive change having two teachers in the classrooms daily during the literacy block. Students are now spending more quality learning time with teachers and less time working independently while waiting for their teacher-led small group.



PLEASE JOIN US!
South Tama Elementary Booster Club
Monday, November 11, 7:00 PM
Elementary Library

Reminder

There will be no school on Wednesday, November 27 through Friday, November 29 due to our fall break.

Elementary Music

The 3rd and 4th grade students have been working on their concert music. They have lyric sheets and should be practicing their songs every night. To listen to the songs - they can access the mp3s on their Google Drive and you can also find them on YouTube. Their concert is on Thursday, December 12th at 7pm at the HS.

We are looking for your most obnoxious ties to use for our winter concert! One of our songs: "Anything But A Tie" is all about a dad who keeps getting ties for gifts. We would love you to loan us your obnoxious tie for the concert! Fish, hula dancers, electric guitars, keyboards, ones that light up, etc.

If you want it back please put your name on the back of the tie.

We need them for our videos so if you could have them to the school by Nov 18th that would be great!

K-2 will have a spring concert - March 19th. The kindergarten, first and second graders will be performing various Disney songs. Now would be the perfect time to find a Disney costume for the concert with after Halloween sales.

LIMO RIDE WINNERS

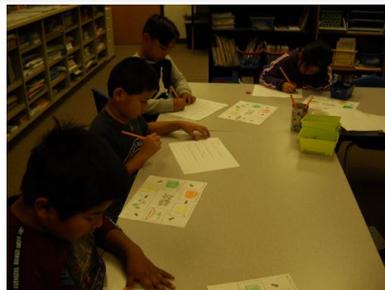
59 students qualified for the limo ride by selling 20 items or more for the fall fundraiser! Way to go kids! Some of our winners are pictured below!



Pumpkin Life Cycles and Learning

Ms. Gibson's K-2 students have been studying the pumpkin life cycle.

They are working on a graphic organizer and writing words and sentences that describe the pumpkin life cycle.



**Preschool Classroom Lessons
Anita Townsley
School Counselor**

Empathy

Having empathy helps children get along with others, solve problems and do well in structured group settings. Having empathy includes being able to identify understand, and respond in a caring way to what someone else is feeling. These social skills help children succeed in the classroom environment.

To achieve these goals, the students during our classroom lessons are learning to:

1. Identify and understand their own and others' feelings by:
 - *learning feelings words
 - *looking for clues on someone else's face and body
 - *focusing on what is happening
2. Begin to see things from perspectives other than their own by:
 - *Understanding that other people can have the same or different feelings about the same thing
 - *Understanding that sometimes things happen by accident
3. Show care something kind or doing something to help someone else

**Classroom Lessons
Anita M. Townsley
School Counselor**

Bully Prevention Unit

We have been learning more about bully prevention. To help our school be a safe and respectful place, we have been learning specific skills to help stop bullying. Students have learned how to:

- *Recognize when bullying is happening
- *Report bullying to a caring adult
- *Refuse to let bullying happen to themselves or others
- *Be a bystander who stands up and is part of the solution to bullying

For bullying prevention to work, everyone at school needs to be involved. And we need your help, too! Let us know if you hear about bullying at our school Make sure your child knows to tell you or someone at school if he or she is being bullied. And give your child the clear message that it is never okay to bully others.

Some of the fun activities we have done have included learning a song called "No Bullies Here! In My School", reading books, watching videos, writing/drawing about bully prevention strategies, and discussing what to do.

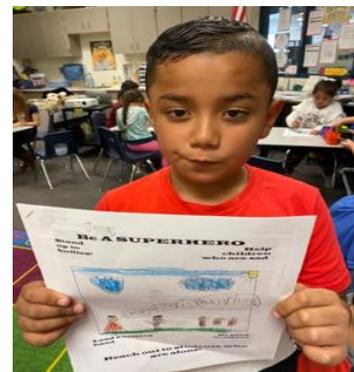
Students have also taken a short summative assessment at the end of the unit. I am reading the assessment to the students. There are 8 possible points and out of the 4 classes that I have checked so far, the students have scored the following:

- 8 out of 8 questions correct = 64 students
- 7 out of 8 questions correct = 6 students
- 6 out of 8 questions correct = 7 students
- 5 out of 8 questions correct = 5 students
- 4 out of 8 questions correct = 1 student

The questions are:

Yes it is bullying - No it is not bullying

1. When someone keeps leaving you out of a game at recess (Yes) (1 point)
2. When someone argues with you about who is first in line (No) (1 point)
3. When someone keeps calling you names and just won't stop (Yes) (1 point)
4. What you should do if you are being bullied:
 - Report to a caring adult (yes) (1 point)
 - Hit him/her (no)
 - Say mean things back (no) (1 point)
5. What should you say to refuse bullying
 - Stand up straight (yes) (1 point)
 - Scream at the person (no)
 - Say, Stop it. That's bullying (yes) (1 point)
6. What should you do to help stop bullying when you are a bystander
 - Ignore it (no)
 - Invite hi/her to play with you (yes) (1 point)
 - Report to a caring adult (yes) (1 point)



A Note from our Nurse

Lynette Benda, RN, BSN



Head Lice 101

headfirst
Lice LESSONS

Overview

Head lice are a common community problem. An estimated 6 to 12 million infestations occur each year in the United States, most commonly among children ages 3 to 12 years old. Children attending preschool or elementary school, and those who live with them, are the most commonly affected.¹

Head lice are not dangerous.² They do not transmit disease, but they do spread easily, making it a community issue.³ Additionally, despite what you might have heard, head lice often infest people with good hygiene and grooming habits.^{1,2} Your family, friends or community may experience head lice. It's important to know some basics, including how to recognize symptoms and what to do if faced with an infestation.

What Are Head Lice?

Head lice are tiny, wingless insects that live close to the human scalp. They feed on human blood.¹ An adult louse is the size of a sesame seed. Baby lice, or nymphs, are even smaller. Nits are the tiny, teardrop-shaped lice eggs. They attach to the hair shaft, often found around the nape of the neck or the ears. Nits can look similar to dandruff, but cannot be easily removed or brushed off.¹

Fast Facts

- An estimated 6 to 12 million infestations occur each year among U.S. children 3 to 12 years of age¹
- Head lice often infest people with good hygiene^{1,2}
- Head lice move by crawling; they cannot jump or fly¹
- Head lice do not transmit disease, but they do spread easily²
- If you or your child exhibits signs of an infestation, it is important to talk to your doctor to learn about treatment options

How Are Head Lice Spread?

- Head lice move by crawling and cannot jump or fly.¹
- Head lice are mostly spread by direct head-to-head contact – for example, during play at home or school, slumber parties, sports activities or camp.¹
- It is possible, but not common, to spread head lice by contact with items that have been in contact with a person with head lice, such as clothing, hats, scarves or coats, or other personal items, such as combs, brushes or towels.¹
- Head lice transmission can occur at home, school or in the community.¹

What Are the Signs & Symptoms of Infestation?

Signs and symptoms of infestation include:

- Tickling feeling on the scalp or in the hair
- Itching (caused by the bites of the louse)
- Irritability and difficulty sleeping (lice are more active in the dark)
- Sores on the head (caused by scratching, which can sometimes become infected)

Finding a live nymph or adult louse on the scalp or in the hair is an indication of an active infestation. They are most commonly found behind the ears and near the neckline at the back of the head.¹



NIT



Nymph



Full-Grown Louse

Continued on next page....

What If My Child Gets Head Lice?

If you suspect your child might have head lice, it's important to talk to a school nurse, pediatrician or family physician to get appropriate care. There are a number of available treatments, including new prescription treatment options that are safe and do not require nit-combing. Other things to consider in selecting and starting treatment include:

- Follow treatment instructions. Using extra amounts or multiple applications of the same medication is not recommended, unless directed by healthcare professional.¹
- Resistance to some over-the-counter head lice treatments has been reported. The prevalence of resistance is not known.²
- There is no scientific evidence that home remedies are effective treatments.⁴
- Head lice do not infest the house. However, family bed linens and recently used clothes, hats and towels should be washed in very hot water.⁴
- Personal articles, such as combs, brushes and hair clips, should also be washed in hot soapy water or thrown away if they were exposed to five persons with active head lice infestation.⁴
- All household members and other close contacts should be checked, and those with evidence of an active infestation should also be treated at the same time.⁴

Myths & Facts About Head Lice

Myth: Only dirty people get head lice.

Fact: Personal hygiene or household or school cleanliness are not factors for infestation. In fact, head lice often infest people with good hygiene and grooming habits.^{3,4}

Myth: Head lice carry diseases.

Fact: Head lice do not spread diseases.¹

Myth: Head lice can be spread by sharing hairbrushes, hats, clothes and other personal items.

Fact: It is uncommon to spread head lice by contact with clothing or other personal items, such as combs, brushes or hair accessories, that have been in contact with a person with head lice.¹

Myth: Head lice can jump or fly, and can live anywhere.

Fact: Head lice cannot jump or fly and only move by crawling. It is unlikely to find head lice living on objects like helmets or hats because they have feet that are specifically designed to grip on to the hair shaft of humans. Additionally, a louse can only live for a few hours off the head.¹

Myth: You can use home remedies like mayonnaise to get rid of head lice.

Fact: There is no scientific evidence that home remedies are effective treatments.⁴ A healthcare provider can discuss appropriate treatment options, including prescription products.



Hearing/Vision Screenings

Preschool students will receive hearing screenings on Tuesday, November 12th and vision screenings on Thursday, November 14 and Friday, November 15.

Kindergarten through second grade students will be receiving hearing screenings on Monday, November 11.



Healthy Snack Options

Classroom holiday parties are near and here is a friendly reminder about our snack policy. Listed below are some suggested snack ideas that follow our healthy snack guidelines.

Crackers/Cracker Packs

Whole Grain Graham/Teddy Grahams
Animal
Oyster
Goldfish
Ritz
Wheat Thins
Triscuits
Cracker/Cheese Packs
Baked Chip Packs

Bars

Energy
Rice Krispies
Cereal Bars
Nutri-grain Bars
Granola Bars

Dairy Products

String Cheese
Cheese slices
Pudding Sticks/Pudding Cups
Ice Cream treats/cups/bars (Low Fat)
GoGurt Sticks
Yogurt Cups

Misc.

Fruit Snacks
Fruit Roll-ups
Microwave Popcorn
Puffed Corn
Beef Jerky packs (Low Fat)
Jell-O Cups
Sherbert Cups
Low Sugar Popsicle Treats
Juice Boxes

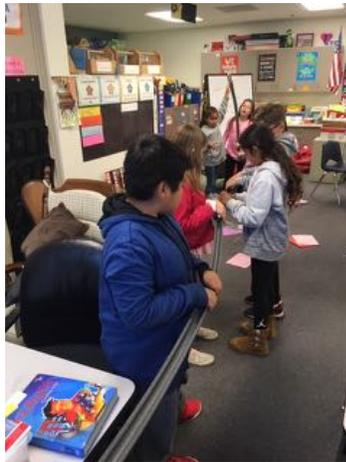
Fruits and Vegetables

Whole Fruits
Applesauce Cups
Fruit Cups
Raisins(Individual Boxes)
Dried Fruit packs
Carrot /other veggie packs

****Please note we are a Peanut/Tree Nut aware school. We do not allow snacks with peanuts, tree nuts, or other associated products. ****



4th Grade Science Fun



Students in science classes are studying sound waves and the impact of height on a roller coaster's performance. Labs are a great way to practice theories in action.

Winter Weather Information

Overview

The number one priority for the South Tama County School District is to ensure the safety of our students and staff members. As a result of this commitment to safety, there may be times when we close schools due to extreme winter weather conditions. The information and procedures described in the following sections provide parents and guardians with a reference for how our school district will respond to winter weather, as well as how we will communicate winter weather-related decisions.

The superintendent has the authority to close schools, delay the start of school, or dismiss early as a result of extreme winter weather conditions. The final decision when determining if winter weather conditions are "unsafe" and require our schools to be closed will be made by the superintendent along with other members of the district leadership team.

Communication

When a decision is made regarding winter weather, the information will be communicated as quickly as possible. If the decision is to cancel school or to have a school delay, our goal is to have the message communicated no later than 6:00am. If the decision is to dismiss school early, our goal is to have the message communicated no later than noon. When school is closed, delayed, or dismissed early as a result of weather, all buildings will be affected. If no announcement is made, it should be assumed that school will be in session.

When a decision is made regarding winter weather, the following tools will be used to communicate the decision: phone call, email, text messaging, the district and school websites, social media, local and regional media. The school district uses a notification service known as JMC Message Center to initiate automated phone calls, emails, and text messages. The phone numbers and email addresses used for these announcements are stored in our JMC student database system and therefore it is important that your contact information remains updated. *If you would like to update your contact information please contact the building where your child attends.*

Cold Weather Delay/Closing Guidelines

The South Tama County School District will be using the following when it comes to wind chill advisories and wind chill warnings. This information is presented below:

- If the National Weather Service issues a wind chill **advisory** that would be in effect at the start of the school day, there may be a two-hour delay. *A wind chill advisory means that wind chill values are expected to fall to between -20° and -29°F.*
- If the National Weather Service issues a wind chill **warning** that would be in effect at the start of the school day, there will be a two-hour delay. *A wind chill warning means that wind chill values are expected to fall to -30°F or lower.*
- If the National Weather Service does not lift the wind chill **warning** by 10:30 am, there will be no school that day.
- *It should be noted that The National Weather Service typically extends their wind chill warnings well ahead of time. Therefore, parents should know if school has been cancelled before students are picked up for the bus or have to be transported to school.*

Winter Weather Information Continued...

Other Items for Consideration

- If school is canceled or dismissed early as a result of severe weather, all after-school activities are presumed canceled unless otherwise indicated by the activities director or individual coach/sponsor. For situations in which school is not cancelled or dismissed early but there is a threat of severe weather, the district will attempt to make decisions about after-school activities as early as possible.
- When there is a school delay, AM Preschool will also be delayed to start the morning. During a two-hour delay, AM Preschool will be held from 10:30 to 12:20 and students who ride the bus will be picked up two hours later than their normal pickup time. PM Preschool will be held from 1:15 to 3:20 and students who ride the bus will be picked up one hour later than their normal time. When school is cancelled, AM and PM Preschool is also cancelled. When there is an early dismissal, there will be no changes to AM Preschool while PM Preschool will be cancelled.
- When there is a school delay, breakfast will not be served to students.
- A parent's or guardian's decision as to the weather conditions will be honored at all times. When a parent decides weather conditions are such that his/her child shall not go to school for the day or a period of time, the parent should contact the student's school and the absence will be marked excused for the time missed.



Lunch November 2019

	Mon	Tue	Wed	Thu	Fri
	<p>11/18</p> <p>MBB Chicken offered Daily at all Buildings 1% White, Skin White, Skin Charcoal, Skin Strawberry Ketchup, Mustard, Pickles offered Daily offered Daily at all buildings: Cheese or Peanut Butter Sandwich, Fruit, Milk as an Alternate Meal.</p>				<p>41</p> <p>No School Faculty Conference Comp Day</p>
7	<p>4</p> <p>Hot Ham & Cheese on a Whole Grain Bun or Cheese Sticks (H.S.) Potato Rounds Seasoned Green Beans Fresh Peas 1/2 Pt. Milk</p>	<p>5</p> <p>Turkey or Hot Ham & Cheese (H.S.) Roasted Beans California Vegetables Sweet Peaches 1/2 Pt. Milk</p>	<p>6</p> <p>Chili w/Corndogs or Tostitos (H.S.) Cranberry Roll Fresh Baked Carrots Applesauce M/GPR, Milk</p>	<p>7</p> <p>Chicken & Noodles Or Chili (H.S.) Mashed Potatoes Romaine Lettuce Salad Dinner Roll Mixed Fruit 1/2 Pt. Milk</p>	<p>8</p> <p>Stuffed Pepperoni Sandwich or Chicken & Noodles (H.S.) Romaine Lettuce Salad Fresh Broccoli Mixed Fruit Chocolate Cupcake 1/2 Pt. Milk</p>
8	<p>11</p> <p>Cheeseburger on a Whole Grain Bun Or Stuffed Pepperoni Sandwich (H.S.) Ketchup, Mustard, Pickles Baked Beans Carrots Dinner Peas 1/2 Pt. Milk</p>	<p>12</p> <p>STC Chicken Bowl (H.S.) Popcorn Chicken or Cheeseburger (H.S.D.) w/Mashed Potatoes (Elem. & M.S.) Romaine Lettuce Salad Dinner Roll Sauteed 1/2 Pt. Milk</p>	<p>13</p> <p>Hot Dog/Chili Dog on a Bun Ketchup, Mustard Sweet Potato Waffle Fries Romaine Lettuce Salad Diced Peaches Apple Crisp (H.S. & M.S.) Warm Corn Apples (Elem.) 1/2 Pt. Milk</p>	<p>14</p> <p>Glazed Mr. Rib on a Hoagie Bun or Hot Dog (H.S.) Fresh Broccoli Yams/Hash Dip Romaine Lettuce Salad (H.S.) Mandarin Oranges 1/2 Pt. Milk</p>	<p>15</p> <p>Pepperoni Pizza or Glazed Rib (H.S.) Romaine Lettuce Salad Marinated Fresh Vegetable Salad Watermelon & Grapes 1/2 Pt. Milk</p>
9	<p>16</p> <p>Cherry Trifles Bread w/Marionberry Sauce (H.S. & M.S.) or Pepperoni Pizza (H.S.) Grilled Cheese Sandwich (Elem.) Fresh Carrots Romaine Lettuce Salad(H.S.) Fresh Apple Slices 1/2 Pt. Milk</p>	<p>17</p> <p>Tenderloin on a Whole Grain Bun or Cheesy Tofu Bread (H.S.D.) Seasoned Waffle Fries Seasoned Green Beans Romaine Lettuce Salad (H.S.) Mandarin Oranges 1/2 Pt. Milk</p>	<p>18</p> <p>Italian Chicken Pasty on a Bun (H.S. & M.S.) w/ Tenderloin on a Bun (H.S.) Corn Dogs (Elem.) Romaine Lettuce Salad Baked Beans Fruit Cocktail 1/2 Pt. Milk</p>	<p>19</p> <p>Sticky Jewel/Mini Rice On a Whole Grain Bun French Fries Breaded Corn Nuggets Diced Peaches 1/2 Pt. Milk</p>	<p>20</p> <p>Cheese Pizza or Sticky Joe (H.S.) Romaine Lettuce Salad Fresh Vegetable Cup Fresh Strawberries & Blueberries Cacciatore Vanilla Yogurt 1/2 Pt. Milk</p>
10	<p>25</p> <p>Chicken Pasty/Sticky Chicken Pasty on a Whole Grain Bun Sweet Potato Waffle Fries Seasoned Green Beans Raisins 1/2 Pt. Milk</p>	<p>26</p> <p>Roast Turkey or Chicken Pasty (H.S.) Mashed Potatoes w/Gravy Green Bean Casserole Dinner Roll Mandarin Oranges Pumpkin Pie w/Whipped Topping 1/2 Pt. Milk</p>	<p>27</p> <p>No School Holiday Break</p>	<p>28</p> <p>No School Holiday Break</p>	<p>29</p> <p>No School Holiday Break</p>